



NAIA
CHAMPIONS
OF CHARACTER
FIVE STAR
INSTITUTION



MVNU
ATHLETICS™

UNLEASH YOUR INNER CHAMPION



**WE ARE A 5-STAR GOLD CHAMPIONS
OF CHARACTER INSTITUTION FOR
THE THIRD YEAR IN A ROW
2022-23, 2023-24, & 2024-25**

4

**ALL-AMERICANS
IN 2024-25**



**104 DAKTRONICS
SCHOLAR ATHLETES
IN 2024-25**

6

**CROSSROADS LEAGUE
CONFERENCE CHAMPIONS**



**3 CSC ACADEMIC
ALL-AMERICANS
2024-25**

46

**BASEBALL'S CRUZ MCFADDEN
SETS NAIA ALL-TIME CAREER
SAVES RECORD**



MASON HENDRICKSON

Class of 2026
*Youth and Family Ministry
Cross Country; Track and Field*

"My MVNU athlete experience has been nothing short of amazing! I have been able to compete on the national level every year, competing against the best athletes in the country. Along with that I have been a part of the most amazing team! I can't express the impact that this team, my coach, and all of the MVNU Athletics Department has had on my life."



Tradition runs deep for Mount Vernon Nazarene University's 24 athletic programs. From national championships to scholar athletes, Cougars have set the bar high for those to come. MVNU values what each athlete brings to the programs and strives to give the best college experience possible.



**CROSSROADS
LEAGUE**

Become a Cougar, and let us help you reach your true meaning, both as an athlete and as a student. Our award-winning coaches will mentor you as you'll face some of the best competition that the NAIA has to offer. On campus, you'll be challenged academically and grow in your relationship with Jesus Christ. Through the relationships you build and encounters you'll face, you'll be ready for the next game – and the rest of your life.

**BECOME A COUGAR AND UNLEASH
YOUR INNER CHAMPION!**



ALEXIS HOFFMAN

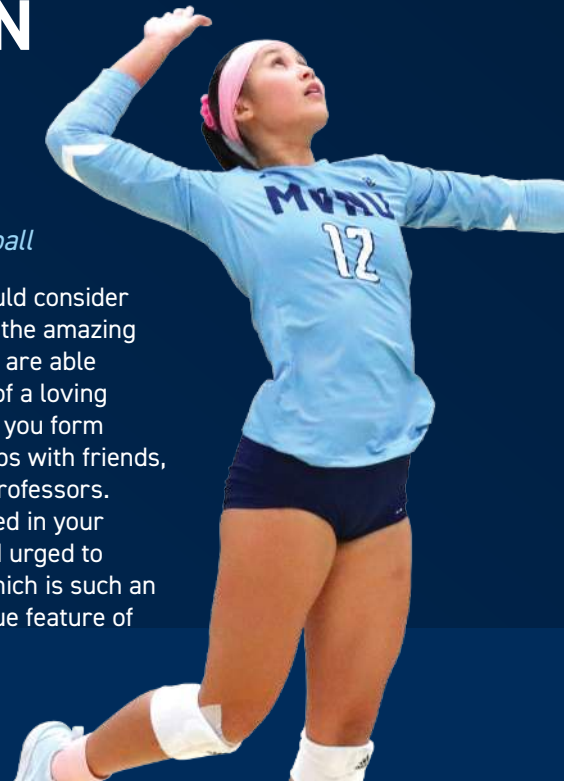
Class of 2026
*Marketing and Finance
Women's Soccer*

"MVNU has presented me with many amazing opportunities but most importantly it has allowed me to grow my faith in ways I could not have imagined. Being surrounded by followers of Christ creates a unique atmosphere most college campuses don't offer. The individuals at MVNU truly make the university as there are so many authentic faculty members and students who are willing to help you every step of the way."

JAELYN TANG

Class of 2026
*Nursing
Women's Volleyball*

"I think others should consider MVNU because of the amazing opportunities. You are able to become a part of a loving community where you form strong relationships with friends, classmates, and professors. You are also pushed in your walk with God and urged to remain faithful, which is such an amazing and unique feature of this school."





Mount Vernon Nazarene University was named a **2024-25 NAIA Champions of Character Five-Star Institution**. Institutions are measured on a demonstrated commitment to Champions of Character and earned points in character training, conduct in competition, academic focus, character recognition and character promotion.



ACADEMIC ACHIEVEMENT

466 total Daktronics Scholar Athletes, with four players receiving the prestigious Woody Hayes National Scholar-Athlete Award.



MEDIA RECOGNITION

During the past 20 years, 10 different players or coaches have been featured in Sports Illustrated's "Faces in the Crowd."



NATIONAL TALENT

MVNU has produced 18 Conference Players of the Year and 92 NAIA All-Americans.



GAME CHANGERS

MVNU's success both on the playing field and off is a direct result of its incredible coaching staffs. These leaders see their teams as a mission field, and each strives to impact the athletic, personal and spiritual lives of their players. They take pride in preparing them for a life built around service.



COUGAR CRAZIES

Our most fanatic fans are hardly spectators. This student group cheers like, well, crazy when the Cougars compete.



Cougars



ARIEL ARENA

FACILITIES

COUGAR BASEBALL

The new and expanded Tim Belcher Clubhouse opened in Spring 2025 featuring lockers, community space, showers, and kitchen area. The On Deck Campaign is currently fundraising for updates to the baseball stadium.



ARIEL ARENA

Ariel Arena is MVNU's state-of-the-art athletics facility.

- >>> 3 full-sized athletic courts
- >>> Athletic Training Center
- >>> Stadium seating for 2,650
- >>> Cardio fitness and weight rooms

RAMSER TENNIS COURTS

- >>> Located on the west side of Martinsburg Road
- >>> Includes LED lighting for night play

ENERGY FIELDHOUSE

- >>> 6 lane indoor competition track

CH4 SOCCER AND LACROSSE STADIUM

- >>> Turf field
- >>> Locker rooms
- >>> Lights and scoreboard
- >>> Lights and scoreboard

COUGAR SOFTBALL FIELD

- >>> Playable in almost all weather conditions
- >>> Press box and electronic scoreboard

PRINCE STUDENT UNION AND DONOHO RECREATION CENTER

The Donoho Recreation Center has two hardwood floors and seating for 500. It is used as the primary practice facility for MVNU.



ARIEL ARENA



RAMSER TENNIS COURTS

GET IN THE GAME

MEN'S SPORTS

- >>> BASEBALL
- >>> BASKETBALL (R)
- >>> BOWLING
- >>> CROSS COUNTRY
- >>> GOLF
- >>> LACROSSE
- >>> SOCCER (R)
- >>> TENNIS
- >>> INDOOR TRACK & FIELD
- >>> OUTDOOR TRACK & FIELD
- >>> VOLLEYBALL

WOMEN'S SPORTS

- >>> BASKETBALL (R)
- >>> BOWLING
- >>> CROSS COUNTRY
- >>> GOLF
- >>> SOCCER (R)
- >>> SOFTBALL
- >>> TENNIS
- >>> INDOOR TRACK & FIELD
- >>> OUTDOOR TRACK & FIELD
- >>> VOLLEYBALL (R)
- >>> LACROSSE (CLUB)

COED SPORTS

- >>> CHEERLEADING
- >>> E-SPORTS

(R) RESERVE

Don't have a lot of time to dedicate to college athletics, but still want to compete? MVNU also offers reserve teams!



READY TO JOIN THE COUGARS?

Visit mvnucougars.com for more information about how YOU can become an MVNU Cougar!



MVNU™